

“NATIONAL TOOTH BRUSHING DAY”-7th NOVEMBER 2019

The Department of Public Health Dentistry, Bharati Vidyapeeth (Deemed to be University) Dental College and Hospital, Sangli conducted an awareness program on **7th November, 2019** in accordance with the circular issued by the **Indian Association of Public Health Dentistry (Dated 22-10-2019, Ref No.NTBD/GWR/2019)**, on the occasion of **“National Tooth Brushing Day-2019”** at Sangli.

National Tooth brushing day awareness program was organised by the Department of Public Health Dentistry, Bharati Vidyapeeth (Deemed to be University) Dental College and Hospital, Sangli. The program commenced at 10:45 am and was inaugurated by Principal of the school, Mr. Vinod Patole followed by an introductory speech about the program by **Dr.Tanushri Dalvi, (Assistant Professor, Public Health Dentistry)**. **Miss Rutuja Shinde (Intern) and Miss Rutuja Kshirsagar (Intern)** gave health education on proper maintenance of oral hygiene. The lecture by Dr.Tanushri mainly focused on proper oral hygiene, duration and method of toothbrushing and balanced diet. The lecture was followed by guided Tooth Brushing demonstration on a Dent form model. All the children were provided with one toothbrush, one toothpaste, a cup and paper napkin for the tooth brushing procedure. Total of 150 students participated in the program. Step by step brushing technique was demonstrated and the children followed the same and brushed their teeth simultaneously. The guided tooth brushing drill was followed by Oral health screening of 150 school children and Referral Cards were issued for the same. The program concluded at 1:30pm.

